

FIND YOUR PLACE

Discover Where You Fit in Sport

PART 01

Introduction: Your place beyond the game

You do not have to score the winning goal to make a meaningful contribution to sport. Behind a match are people who organise schedules, maintain equipment, analyse information, design spaces and support communities. The useful starting question is: which of these problems would I enjoy learning to solve?

Your ten-part journey

Read in sequence; every part produces something you can keep.

1 BEGIN

Your question

2 REFLECT

Your evidence

3 EXPLORE

The work

4 SHORTLIST

Three options

5 INVESTIGATE

Daily reality

6 COMPARE

Learning routes

7 MAKE

A work sample

8 CONNECT

Useful people

9 DECIDE

A next step

10 ACT

Your 90-day plan

This ten-part series helps you build an informed direction rather than choose a job from its title alone. Each page adds something to a personal career notebook: observations, a shortlist, a learning comparison, a work sample or a next-step plan. You can complete the activities independently, with a teacher or alongside a career adviser.

What finding your place means

A promising direction connects work you care about, skills you can develop and a realistic way to enter. Enjoying a sporting code is a useful spark, but it does not tell you whether you will enjoy its daily administration, technical work or service demands. Look at tasks, working conditions and the people who rely on the work.

Build your evidence notebook

Create five headings: About me; Roles to investigate; Learning routes; Evidence of my work; Next actions. Date every entry. Keep a separate list of questions you cannot yet answer. A conversation, a short project and a verified course requirement are stronger evidence than an attractive job title or an assumption about how the industry works.

LERATO'S NOTEBOOK / FICTIONAL EXAMPLE

Lerato, a fictional career explorer, loves football but does not want to play professionally. She enjoys organising school projects and checking figures. Her starting idea is not "I must work for a famous club." It is "I want to investigate work that combines sport, organisation and information."

YOUR NEXT MOVE

Write a starting statement: "I am curious about ___ because ___. I already have evidence of ___. Before choosing a route, I need to find out ___." Keep the statement; you will rewrite it in Part 10.

You need a useful question and a way to investigate it. You do not need a final career answer today.

NEXT: Notice what energises you and collect evidence of your strengths.